

ST. STEPHEN PROTOMARTYR UKRAINIAN CATHOLIC CHURCH

MAY 26, 2024



St Stephen Protomartyr



Address:
4903 – 45th Street S.W.
Calgary, Alberta T3E 3W5 Canada

Office Hours
Mon-Thurs 9:00am -2:00pm

Telephone:
403-249-4818, press 0

Pastoral Emergencies:
403-249-4818, press 9

Email:
Office@Protomartyr.ca
Coordinator@Protomartyr.ca

Ukrainian Newcomers support
Anastasia Gyrshanovych
newcomers@protomartyr.ca

Parish Website:
www.saintstephencalgary.ca

Parish Calendar:
[www.saintstephencalgary.ca/
calendar1.html](http://www.saintstephencalgary.ca/calendar1.html)

Facebook:
[https://www.facebook.com/
protomartyr.ca](https://www.facebook.com/protomartyr.ca)

Eparchy Website:
www.edmontoneparchy.com

DIVINE LITURGIES:

Sunday Services:
8:30 am—Bilingual
10:05—Rosary
10:30 am – English

Saturday
4:00 pm—Great Vespers

Weekday Services:
Wednesdays and Thursdays 9:00am
Sunday school, Sundays at 10:15 am

First Sunday after Pentecost. All Saints Sunday. Holy Apostle Carpus, One of the Seventy Disciples

Troparia and Kontakia

Troparion, Tone 8: You came down from on high, O Merciful One,* and accepted three days of burial* to free us from our sufferings.* O Lord, our life and our resurrection,* glory be to You!

Troparion, Tone 4: Clothed as in purple and fine linen* with the blood of Your martyrs throughout the world,* Your Church cries out to You through them, O Christ God:* send down Your loving-kindness on Your people;* grant peace to Your community,* and to our souls great mercy.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 8: O Lord, Master of nature,* the world offers You the godly martyrs as the first-fruits of nature.* By their supplications, through the Mother of God,* preserve Your Church and Your people in profound peace,* O most merciful One.

Prokeimenon, Tone 8

Pray and give thanks to the Lord our God.

verse: In Judea God is known; His name is great in Israel. (*Psalm 76:12,2*)

Epistle

Hebrews 11:33-12:2

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Brothers and sisters, the saints who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again.

Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, *in dens and caves of the earth.*

And all these, having obtained a good testimony through faith, did not receive the promise, God



HOLY MYSTERIES

CONFESSION:

Saturdays 3:00 pm
Sundays 10:00 am
OR by appointment
403-249-4818, ext. 1

MARRIAGE, BAPTISM-CHRISMATION- EUCCHARIST, FUNERALS :

Contact the Sacramental Coordinator
Sacraments@Protomartyr.ca

ANOINTING OF THE SICK:

For emergencies call
403-249-4818, ext. 9

DIVINE LITURGY INTENTIONS :

Arrangements with the office

CLERGY & RELIGIOUS

Pastor :

Fr. Michael Bombak
FatherMichael@Protomartyr.ca
Office:403-249-4818, ext. 1

Pastor, St. Basil's Melkite Greek Catholic Church

Fr. Samer Naaman
stbasilmelkitecalgary@gmail.com
Facebook: St Basils Melkite Greek
Catholic Church Calgary

PARISH OFFICE

Office Administrator:

Linda Buck 403-249-4818, ext. 0
office@Protomartyr.ca

Sacramental Coordinator:

Sacraments@Protomartyr.ca

Communications Coordinator:

Mirna Farahat
coordinator@Protomartyr.ca

Ukrainian Newcomer Coordinator:

Anastasia Gyrshanovych
newcomers@protomartyr.ca
403-249-4818 ext 3

HALL RENTAL INQUIRIES

email: Hall@Protomartyr.ca

having provided something better for us, that they should not be made perfect apart from us.

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia, Tone 4

verse: The just cried out and the Lord heard them, and delivered them out of their afflictions.

verse: The afflictions of the just are many, and out of them all will the Lord deliver them. (*Psalm 33:18,20*)

Gospel

Matthew 10:32-33, 37-38; 19:27-30

The Lord said to His disciples, "Whoever confesses Me before men, him I will also confess before My Father who is in heaven. But whoever denies Me before men, him I will also deny before My Father who is in heaven.

"He who loves father or mother more than Me is not worthy of Me. And he who loves son or daughter more than Me is not worthy of Me. And he who does not take his cross and follow after Me is not worthy of Me.

Then Peter answered and said to Him, "See, we have left all and followed You. Therefore what shall we have?"

So Jesus said to them, "Assuredly I say to you, that in the regeneration, when the Son of Man sits on the throne of His glory, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My name's sake, shall receive a hundredfold, and inherit eternal life. But many who are first will be last, and the last first."

Communion Hymn

Praise the Lord from the heavens;* praise Him in the highest. (*Psalm 148:1*)* Rejoice in the Lord, O you just;* praise befits the righteous. (*Psalm 32:1*)
* Alleluia, alleluia,* alleluia

Неділя 1-ша по Зісланні Святого Духа. Всіх святих. Прп. Онуфрія Великого.

Тропарі і Кондаки

Тропар (глас 8): З висоти зійшов Ти, Милосердний,* і триденне погребення прийняв Ти,* щоб нас звільнити від страждань.* Життя і воскресіння наше,*Господи, слава Тобі.

Тропар (глас 4): У всьому світі мучеників твоїх кров'ю,* як багрянлицю і вищоном,* церква твоя прикрасилася* і через них воскликуює тобі, Христе Боже:* Людям твоїм щедроти твої зішли,* мир громаді твоїй даруй* і душам нашим велику милість.

+Слава Отцю, і Сину, і Святому Духові. І нині, і повсякчас, і на віки вічні. Амінь.

Кондак (глас 8): Як початки єства насадителєві творіння* вселенна приносить тобі, Господи, богоносних мучеників.* Їх молитвами в мирі глибокому церкву твою, громаду твою,* Богородиці ради, збережи,* Многомилостивий.

Прокімен (глас 8): Помоліться і хвалу віддайте* Господеві, Богу нашому (Пс 75,12).
Стих: Відомий Бог у Юдеї, в Ізраїлі велике ім'я Його (Пс 75,2).

Апостол: (Євр 11,33-12,2):

Браття, всі святі вірою підбили царства, чинили справедливість, обітниць досягнули, загородили пащі левам, силу вогню гасили, вістря меча унікали, ставали сильні, будиши недолугі, на війні проявили мужність, наскоки чужинців відбивали. Жінки діставали назад своїх померлих, які воскресали. Інші загинули в муках, відкинувши визволення, щоб досягнути ліпше воскресіння. Інші наруг і бичів зазнали та ще й кайданів і в'язниці; їх каменовано, розрізувано пилою, брано на допити; вони вмирили, мечем забиті; тинялися в овечих та козячих шкурах, збідовані, гноблені, кривджені; вони, яких світ був невартий, блукали пустинями, горами, печерами та земними вертепами. І всі вони, дарма що мали добре засвідчення вірою, не одержали обіцяного, бо Бог зберіг нам щось краще, щоб вони не без нас осягли досконалість. Тому і ми, маючи навколо себе таку велику хмару свідків, відкиньмо всякий тягар і гріх, що так легко обмотує, і біжімо витривало до змагання, що призначене нам, вдвляючися пильно в Ісуса, засновника й завершителя віри, який, замість радості, що перед ним була, витерпів хрест, на сором не звертаючи уваги, і який воззів праворуч Божого престолу.

Алилуя (глас 4):

Стих: Візвали праведні, і Господь вислухав їх, і від усіх скорбот їх ізбавив їх (Пс 33,18).
Стих: Багато скорбот у праведних і від усіх них ізбавить їх Господь (Пс 33,20).

Євангеліє: (Мт 10,32-33. 37-38. 19,27-30)

Сказав Господь своїм учням: "Кожний, хто визнає мене перед людьми, того і я визнаю перед моїм Отцем небесним. Хто ж мене зречеться перед людьми, того й я зречусь перед Отцем моїм небесним. Хто любить батька або матір більше, ніж мене, той недостойний мене. І хто любить сина або дочку більше, ніж мене, той недостойний мене. Хто не бере свого хреста й не йде слідом за мною, той недостойний мене." Тоді озвався Петро і сказав до нього: "Ось ми покинули все

й пішли за тобою; що будемо за те мати?" Ісус відповів їм: "Істинно кажу вам: Ви, що пішли за мною: як новий світ настане, коли Син Чоловічий сяде на престолі своєї слави, сидітимете й ви на дванадцятьох престолах, щоб судити дванадцять поколінь Ізраїля. І кожний, хто задля імені мого покине дім, братів, сестер, батька, матір, жінку, дітей, поля, в сто раз більше одержить і життя вічне матиме в спадщину. Багато з перших будуть останніми, а останні – першими."

Причасний:

Хваліте Господа з небес,* хваліте Його на висотах (Пс 148,1). Радуйтеся, праведні, у Господі,* правим належить похвала (Пс 32,1).
Алилуя (х3).



DIVINE LITURGY INTENTIONS

Saturday, May 25:

- ❖ 9:00am – BLESSING OF THE GRAVES – St. Mary's Cemetery
- ❖ 11:00am – BLESSING OF THE GRAVES – Queen's Park Cemetery
- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers

Sunday, May 26:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for the repose of the soul of +Anthony Lubiniecki. Eternal Memory!
- ❖ 10:30am – for the repose of the soul (40 days) of +Geraldine Biss. Eternal Memory!

Wednesday, May 29:

- ❖ 9:00am – for good health and wellbeing for Don Jumaga

Thursday, May 30:

- ❖ 9:00am – for the repose of the soul of +Patty Swaita

Saturday, June 1:

- ❖ 3:00pm – Confessions
- ❖ 4:00pm – Great Vespers

Sunday, June 2:

- ❖ 8:30am – for the intentions and needs of all parishioners
- ❖ 10:30am – for improved health and healing for Ed Tysowski
- ❖ 10:30am – for improved health and healing for Michelle Hoffman

ANNOUNCEMENTS & UPCOMING EVENTS

- **APOSTLE'S FAST:** From the first Sunday after Pentecost until the feast of Sts. Peter and Paul (June 29th), we engage in the Apostle's Fast. This is a great opportunity to learn more about a new saint and deepen our baptismal call to become a saint in our world today! We fast from meat and meat products on Wednesdays and Fridays throughout this period. Let us enter the Fast with joy!
- **BLESSING OF THE GRAVES:** Please join us for the Blessing of the Graves on the following dates/times:
 - Saturday, May 18th: 5:30 pm** – Edon Brook Memorial Gardens – 24223 Township Rd 242
 - Saturday, May 25th: 9:00 am** – St. Mary's Cemetery – 3157 Erlton St SW
 - Saturday, May 25th: 11:00 am** – Queen's Park Cemetery – 3219 – 4th St NWPlease register your attendance with the office at 403-249-4818.
- **ASK FR. MIKE: What's the purpose of icons?**
Father Michael Bombak of St. Stephen Protomartyr Ukrainian Catholic Church in Calgary discusses icons. He talks about the history of icons in churches, how they are used in prayer, who makes them and how much they cost. Video can be found here: <https://youtu.be/FOfYRtwpiNA>
Here also is Father Michael's YouTube on How to make a Prayer Corner: https://youtu.be/Bu5w6_0ECao
This is the seventh episode in the Ask Father Mike series on Faith Spotlight.
- **UCWLC EVENTS:**
 - **TAG DAY: Sunday, May 26th** after both morning Divine Liturgies
 - **MEETING DATE: Thursday, June 6th at 6:30pm** in the Hall
UCWLC members continue to contribute to St. Stephen's in the many volunteer opportunities that arise. Thank you to all UCWLC members for your kind, loving and generous support. Hope to see you all at our next meeting. May God Bless you all.
- **PLUS 50: Tuesday, May 28th at 11 am in the parish hall.** Our lunch will be a POT LUCK so come, enjoy card games and camaraderie and bring your favorite dish to share at lunch. New members are welcome.

- EUCHARISTIC MIRACLES OF THE WORLD EXHIBITION:** The Eucharistic Miracles of the World Exhibit is coming to Saint Michael Catholic Community. This exhibit is an opportunity for all of us to re-visit our faith in the Real Presence of Christ in the Eucharist through the incredible narratives and testaments of so many about how the Eucharist takes on a spectacular display of its spiritual reality in the physical realm. **This exhibit runs from Friday, May 24, 2024 to Sunday, June 2, 2024 inclusive.** For more information with dates and time, please go to <https://saintmichael.ca/eucharistic-miracles-exhibition/>.
- MARY'S FESTIVAL: Saturday, June 1, 11am – 4pm at St. Mary's University. Fun for the whole family!** Please consider joining Mary's Festival, a day to celebrate the community. As we advance the People First pillar of our new Strategic Plan, *Expanding Minds, Inspiring Hearts*, we want to welcome everyone to be a part of a joyful celebration on our beautiful campus on June 1. As a destination for Catholic communities and our Indigenous partners, come and enjoy interactive activities, food and entertainment for the young and young at heart. For tickets or more information please visit <https://stmu.ca/>
- FRASSATI HIKE: The Calgary Lay Dominicans invite you to a "FRASSATI HIKE" on SATURDAY, JUNE 15, 2024**
 Specific Trail TBD closer to the date (approx. 10-12 km "moderately challenging")
 9:00 am: meet at Our Lady of the Rockies in Canmore
 5:00 pm: Catholic Mass at Our Lady of the Rockies
 Bring your own picnic lunch. ALL ARE WELCOME! RSVP: <https://forms.gle/6HYyEUtXogPxa4Dx8>
- ST. STEPHEN'S SUMMER BIBLE CAMP: Save the dates for Monday, July 22 – Friday, July 26 and get ready for SCUBA, this year's theme for Summer Bible Camp!** Registration coming soon for children, youth volunteers and adult volunteers!
- CAMP OSELIA EPARCHIAL CHILDREN'S CAMP:** June 30-July 5 and July 7-12 for children going into grades 3-9. This year's theme is "On the Case: Discover Who Jesus Is."
 Each week is filled with Eastern Catholic teachings and a variety of camp activities (swimming, archery, sports, canoeing, campfires, arts-and-crafts, etc.). Programming takes is in both English and Ukrainian. Campers may attend one or both weeks.
 For more information and to register, visit www.camposelia.com.
 For inquiries about volunteer opportunities, please contact Deacon Cyril at deacon.kennedy@eeparchy.com
- EPARCHIAL ALTAR BOY CAMP:** The Altar Boys of the Ukrainian Catholic Eparchy of Edmonton serve an integral part in our church celebrations and again are given an opportunity to attend the Annual Altar Boy Camp to learn more about their church, faith, and each other. The camp will offer spiritual, cultural, recreational activities and great food!

WHO IS INVITED TO ATTEND?

All active Altar Boys of the Ukrainian Catholic Eparchy 7 yrs and older

Boys of the Ukrainian Catholic Eparchy wishing to become active Altar Boys and who have not had an opportunity to learn to serve.

DATES: August 5th – 10th, 2024.

COST: \$400/camper

REGISTRATION: <https://form.jotform.com/241278514682259>

For more information, please contact Fr. Thomas Kobak, OSBM at fr.kobak@eeparchy.com or Ken Stelmach at kenstalmach@hotmail.com

- ST. STEPHEN'S DONATION CENTRE:** Newcomers in need of household items are invited to our donation center. Please contact Nettie K. at nettie.k2024@gmail.com.

Якщо ви новоприбула сім'я і вам потрібні побутові речі для дому, ви можете записатись у Донеїшен центр. Напишіть Нетті К за цією адресою nettie.k2024@gmail.com . Також, потрібні Волонтери кожного Понеділка для сортування побутових речей.